



【糞便檢體採集方法】

【Immunological Fecal Occult Blood Test】

【Guidelines for Collection of Stool Specimen】

1. 轉開蓋子並取出採便棒。
2. 以採便棒以穿刺方式於糞便沾取 3 個不同位置。少量的糞便覆蓋溝槽即可。
3. 將蓋子插回收集管，旋緊蓋子激烈搖盪混合。
4. 在標籤寫上姓名、年齡及採便日期
5. 請您攜帶健保卡，儘快將檢驗單及糞便試管送至門診檢驗室。
運輸過程中，糞便試管需保持在室溫。

1. Unscrew the cap of the sample collection tube and take out the applicator stick.
2. Insert the applicator stick into the stool sample at 3 different sites.
Use only enough stool to cover the tip of the applicator stick.
3. Take the applicator stick back into the tube and screw the lid tightly. Shake up and down to mix reagents and stool thoroughly.
4. Record your name, age, and the time you began the collection on the label attached to the sample collection tube.
5. Bring the application form, National Health Insurance Card and the stool sample tube to the laboratory counter as soon as possible. The sample tube should be kept at room temperature during transportation.

◎注意事項：

1. 請勿將管瓶中液體倒出，或任意在瓶中加水。
2. 遇痔瘡出血及女性月經期間，請暫停採集糞便。
3. 使用坐式馬桶時，請在馬桶內斜面，先鋪上衛生紙，以利採集。
4. 可以正常飲食及飲水。
5. 若有任何疑問，請電話詢問臨床病理科。

◎Announcements:

1. Neither spill over the fluid in the tube nor add water within it.
2. If you have hemorrhoids, collect the stool sample only when the bleeding stops. Menstrual bleeding also interferes with test results. Collect sample when this will not be an issue.
3. Place tissue paper on the rim of toilet bowl.
4. Deposit bowel movement (stool) right on the tissue paper.
5. There is no food or water limitations during sample collection period.
6. If you have any further queries, please do not hesitate to contact us.

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三軍總醫院 祝您健康快樂