

尿液收集注意事項

Urine Collect Announcements

■ 一般尿液檢驗收集方法：

Collecting methods for urine routine examination:

1. 用紙尿杯接取中段尿液。(前段尿液請先排掉)

Collect the urine with paper urine cup in the middle of urination. (Please eliminate the urine at beginning)

2. 將紙杯尿液倒入尿液收集管中，約八分滿 (10 毫升)。

Pour the urine into urine collecting tube until approximately 80% filled (10 mL).

■ 尿液細菌培養檢驗採集方法：

Collecting methods for urine culture:

1. 採集尿液前，先以優碘棉棒清潔尿道口。

Before collecting the urine, clean orificium urethrae with betadine absorbent tipped .

2. 前段尿液請先排掉。

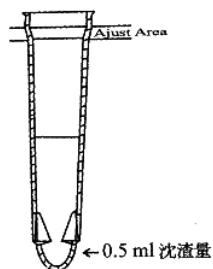
Eliminate the urine at beginning.

3. 以無菌尿杯直接接取 20~30 毫升中段尿液。(不可先排尿於紙杯後再倒入無菌尿杯)

Immediately collect 20~30 mL. urine with sterilized urine cup in the middle of urination. (Do not urinate into the paper cup first and pour it into sterilized cup)

4. 如無法立刻攜送，應將檢體置於冰箱(2~8°C)內，最好不要超過 6 小時。

If unable to instantly deliver, put the urine sample in the refrigerator (2-8°C) for better not longer than 6 hours.



■ 注意事項

Announcements:

1. 婦女正值月經期間，原則上應避免作尿液檢驗。

Women, during menstruation, should avoid urine examination in principle.

2. 尿液檢體請在 1 小時內送達檢驗室。

Please send the urine sample to Examination Room in one hour.

* 若有任何疑問，請電話詢問檢驗科

For any questions, please call laboratory for inquiry

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