

抽血注意事項

Blood Taking Announcements

- 1.醫師囑咐應「禁食」後方可抽血之檢驗項目，一般生化分析病人應空腹 10 小時後抽血，脂質分析如膽固醇、三酸甘油脂、脂蛋白電泳等檢驗項目應空腹 12 小時後抽血。

Among the examination items which the doctor instructs to require “fasting” for blood taking, patients of biochemistry analysis should fast for 10 hours before blood taking, and 12-hour-fasting for the patients of lipids analysis, including cholesterol, triglycerides, lipoprotein pattern examinations and so on.

- 2.抽血完畢後，病人應以手指緊壓抽血位置上之棉球 5~10 分鐘，不要揉以免造成血腫淤青現象。

After blood taking, the patient should tightly press the cotton on the blood taking position with fingers for 5~10 minutes. No kneading to avoid haematomas purpura.

- 3.如果抽血部位發生血腫淤青現象，大部份原因是由於壓迫位置不對或壓迫時間不足所致。

Wrong press position or short of pressing are the most reasons for haematomas purpura on the blood taking position.

- 4.發生血腫處理方式：病人在家中，可先做冰敷消腫，24 小時以後再做熱敷。

Treatment for haematomas: The patient can do cold compound at home for detumescence, and hot compound 24 hours later.

- 5.若您對酒精或乳膠成分過敏，請告知抽血人員，謝謝！

If you are allergic to alcohols or natural rubber latex, please tell us in advance, thank you.

* 若有任何疑問，請電話詢問檢驗科

For any questions, please call laboratory for inquiry

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