

痰液採集方法

Sputum collection

1.使用無菌痰盒（門診檢驗室免費提供）送檢，並在容器上註明姓名和病歷號。

Sputum shall be collected with sterile box (available free at OPD Lab), label with names and history number of the patient on the box.

2.痰液的培養最好取清晨第一口痰（深部咳出的痰不是唾液）。

It is best to collect the first spit of sputum in the early morning (Sputum is from deep cough not salivary fluid).

3.咳痰前，應先漱口後再留痰液標本。

Be sure to gargle prior to collecting the sputum sample.

4.將痰咳於無菌痰盒裡，將蓋子確實旋緊密封，避免感染他人。

Spit the sputum sample into the sterile box; tightly close the cap of the container to avoid contamination.

5.檢體切勿污染容器外面或檢驗單，以免疾病之傳染。

Avoid contamination outside the container box, or on the request examination sheet to prevent any contagion.

6.收集後請立刻送檢，若無法立刻送檢時，請將痰液放置於 2~8°C 之冰箱中（不可超過 12 小時）。

Deliver the box to the laboratory for testing ASAP, if not, make sure to keep the sample in the refrigerator at a temperature of 2~8 °C (do not beyond 12 hours).

*** 若有任何疑問，請電話詢問檢驗科**

For any questions, please call laboratory for inquiry

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