

# 糞便檢體採集方法

## Stool Sample Collect Method

1. 收集容器由門診檢驗室免費提供，請向門診檢驗室領取。  
Free collect container is provided by the Clinic Examination Room. Please ask Clinic Examination Room for the container.
2. 大便檢體不可解入馬桶後再撈起，以避免水及尿液的污染。  
For the prevention from being polluted by water and urine, stool sample cannot be defecated into the toilet and scooped up.
3. 請勿將衛生紙和大便同時放入容器內。  
Do not put the stool with tissues into the container at the same time.
4. 檢體量以和花生米粒一般大小為適宜。  
The sample proportions should be properly as the same as a peanut.
5. 避免乾固，應儘速送檢驗室檢查。  
To avoid turning dried and solid, the sample should be sent to Examination Room as soon as possible.
6. 若要檢查大便是否出血，則須在檢查前2天起禁吃含有肉類、動物血之食品、鐵劑、維他命等，以避免產生偽陽性。  
To examine whether there is hematochezia or not, you have to stop eating food that contains meats and animal blood, iron, vitamins for two days before the examination for the prevention of false-active result.

\* 若有任何疑問，請電話詢問檢驗科

For any questions, please call laboratory for inquiry

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